



Great Milk (stout) Ride ©...2009

17th Year
Annual Charity Bike Ride
Supporting
Macmillan Cancer Support
Sunday 6th September 2009
Registration 08.30 hrs
Nidderdale Showground
Pateley Bridge
Register & download your forms on line
at : www.gmsr.co.uk

FULL MONTY RIDE - 20 MILES
HALF LITRE RIDE - 10 MILES

For Free Rider Pack
Telephone 01423-780389
and leave your details
or register & download on line at
www.gmsr.co.uk

All-day attractions including:
Barbecue, Bouncy Castle,
Live Groups
Marquee-de-Sade Bar
Grand Raffle, Trade Stalls

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